

Come Away with Me Retreat

SAMPLE SCHEDULE

****SUBJECT TO CHANGE****

Monday

4:30 PM Arrival
5:30 PM Dinner
6:30 PM Opening Session
8:30 PM Fellowship Time

Tuesday – Day One

8:00 AM Breakfast
9:00 AM Morning Session: “Trauma, Episodic Memory, & the Power of God”
10:30 AM Break
10:45 AM Small Group Process “Making Group Formational”
12:30 PM Lunch
1:30 PM Individual Formational Counseling, Guided Personal Prayer & Reflection, and Free Time
5:30 PM Dinner
7:00 PM Evening Session: “The Stages of Healing”
8:30 PM Prayer & Ministry time followed by Fellowship Time

Wednesday – Day Two

8:00 AM Breakfast
9:00 AM Morning Session: “Experiencing God’s Love”
10:30 AM Break
10:45 AM Small Group Process: “The Book of Love”
12:30 PM Lunch
1:30 PM Individual Formational Counseling, Prayer and Free Time
5:30 PM Dinner
7:00 PM Evening Session: “Learning to Trust Again”
8:30 PM Individual Prayer

Thursday – Day Three

8:00 AM Breakfast
9:00 AM Morning Session: “Dysfunctional Behaviors & the Cross of Christ”
10:30 AM Break
10:45 AM Small Group Process: “Moving Toward the Cross”
12:30 PM Lunch
1:30 PM Individual Formational Counseling, Prayer and Free Time
5:30 PM Dinner
6:30 PM Evening Session: “Moving Toward the Cross”
8:30 PM Movie Night (Optional)

Friday – Day Four

8:00 AM Breakfast
9:00 AM Morning Session: “Emotions: Can You Trust Them?”
Learning to Lament
10:45 AM Small Groups
11:30 AM Individual Experiential: “Writing Your Lament”
12:30 PM Lunch
1:30 PM Individual Formational Counseling, Prayer and Free Time
5:30 PM Dinner
6:30 PM Fun Evening

Saturday – Day Five

8:00 AM Breakfast
9:00 AM Morning Session I: “The Lies We Believe”
10:30 AM Break
10:45 AM Morning Session II: “The Body Outline”
12:30 PM Lunch
1:30 PM Individual Formational Counseling, Prayer and Free Time
5:30 PM Dinner
7:00 PM Small Group Process: “The Body Outline”
8:30 PM Worship & Prayer Time

Sunday – Day Six

8:00 AM Breakfast
9:00 AM Morning Session: “Deep Wounds, Deep Healing”
10:30 AM Break
10:45 AM Small Groups
11:15 AM Individual Experiential: “Bandages”
12:30 PM Lunch
1:30 PM Individual Formational Counseling, Prayer, and Free Time
5:30 PM Dinner
6:30 PM Evening Session: “The Place of Forgiveness”

Monday – Day Seven

8:00 AM Breakfast
9:00 AM Small Group Session “Walking in Victory”
10:00 AM Break
10:15 AM Closing Service of Consecration and Celebration
12:00 PM Lunch
1:30 PM Depart