

Transform

CHALLENGING

BEHAVIOR

ONLINE CONFERENCE

2019



**RESOURCE
GUIDE**

Stay in touch with Barb O'Neill

Barb O'Neill

Website: <http://www.transformchallengingbehavior.com/>

Pinterest: <https://www.pinterest.ca/challengingbehavior/>

LinkedIn: <https://www.linkedin.com/in/challengingbehavior>

Youtube:

<https://www.youtube.com/channel/UC-pDdySlcrAVGjGx2sRxIMw/featured>

Day 1

Trauma Informed Practices in ECE

with Julie Nicholson, Julie Kurtz, Linda Perez:

Trauma-Informed Practices for Early Childhood Education - (book)

<https://www.routledge.com/Trauma-Informed-Practices-for-Early-Childhood-Educators-Relationship-Based/Nicholson-Perez-Kurtz/p/book/9781138306394>

Trauma Transformed - (organization)

<http://traumatransformed.org/>

Trauma-Informed Practices in Early Childhood Education

<https://www.wested.org/service/trauma-informed-practices-in-early-education/>

The National Child Traumatic Stress Network

<https://www.nctsn.org/>

ACES Too High

<https://acestoohigh.com/>

Apps for Self-Care and Mindfulness:

- Smiling Mind
- Mindfulness Training App
- Headspace
- Stop, Breathe & Think
- Settle Your Glitter
- Equipt
- Calm
- Breath to Relax

Adult Trauma Books:

Dr. Bessel Van Der Kolk – *The Body Keeps the Score*

Laurence Heller and Aline Lapierre - *Healing Developmental Trauma*

Judith Herman - *Trauma and Recovery*

Child Trauma Books (Adults can read about children):

Dr. Peter Levine - *Trauma Through a Child's Eyes*

Barbara Sorrels - *Reaching and teaching children exposed to trauma*

Child Trauma Books (Adults can read aloud to children):

Chandra Gosh Ippen - *Once I was Very, Very Scared*

Stay in touch with Julie

Website: www.juliekurtz.com

LinkedIn: <https://www.linkedin.com/in/juliekurtz1/>

How to Use Music and Movement to Prevent Challenging Behavior with Jocelyn Manzanarez:

Nancy Stewart - (Kids' songwriter)

<https://nancymusic.com/>

Stay in touch with Jocelyn

Website: <https://www.musicallyminded.net/>

Facebook: <https://www.facebook.com/MusicallyMindedSeattle/>

Twitter: <http://twitter.com/circletime99>

LinkedIn: <https://www.linkedin.com/in/jocelyn-manzanarez-41b54356/>

How Sensory Processing Difficulty Can Result in Challenging Behavior with Lori Goodrich:

The Out-of-Sync Child Has Fun by Carol Kranowitz (book)

<https://out-of-sync-child.com/books/the-out-of-sync-child-has-fun-activities-for-kids-with-spd/>

Sally Haughey's blog post about loose parts

<https://fairydustteaching.com/2017/10/loose-parts-play-fabrics/>

The Spiral Foundation - (Foundation affiliated with the Koomar Center)

<https://thespiralfoundation.org/>

Sensory Integration: A Guide for Preschool Teachers by Christy Isbell and Rebecca Isbell - (book)

<https://www.gryphonhouse.com/books/details/sensory-integration>

Raising a Sensory Smart Child: The Definitive Handbook for Helping Your Child with Sensory Integration Issues - (book)

<https://www.amazon.com/Raising-Sensory-Smart-Child-Definitive/dp/0143115340>

Day 2

Supporting Gender Diversity in ECE with Encian Pastel & Julie Nicholson:

Supporting Gender Diversity in Early Childhood Classrooms: A Practical Guide (book, Fall 2019)

<https://www.ubcpres.ca/supporting-gender-diversity-in-early-childhood-classrooms>

Emergent Strategies by adrienne maree brown - (book)

<https://www.akpress.org/emergentstrategy.html>

Genderjusticeinearlychildhood.com - (Website)

<https://www.genderjusticeinearlychildhood.com/>

Loaded Language - (PDF)

<https://drive.google.com/file/d/1eUosnwYEblmut9nWZONJ-xQuncmajWls/view>

How to Prevent Biting in Your Classroom with Lisa Poelle:

Biting Solution: The Expert's No-Biting Guide for Parents, Caregivers, and Early Childhood Educators - (book)

<https://www.ipgbook.com/the-biting-solution-products-9781936903078.php>

Stay in touch with Lisa

Website: <http://www.stopthefightingandbiting.com/>

Twitter: <http://twitter.com/lpoelle>

LinkedIn: <http://linkedin.com/in/lisapoelle>

Pinterest: <http://pinterest.com/lpoelle>

Instagram: <http://instagram.com/lpoelle>

CLASS Research, Teacher-Child Interactions, and Behavior with Angela Searcy:

Push Past It: A Positive Approach to Challenging Classroom Behaviors - (book, Available May 2019)

<https://www.gryphonhouse.com/books/details/push-past-it>

Dr. Angela Searcy's Simple Solutions - (Youtube Channel)

<https://www.youtube.com/user/asearcya1>

Disproportionality, Bias, and Racial Equity in PreK Expulsions

with Megan Pamela Ruth Madison:

National Association for the Education of Young Children (NAEYC)

<http://www.naeyc.org>

Articles by Dr. Walter Gilliam and racial bias

<https://www.npr.org/sections/ed/2016/09/28/495488716/bias-isnt-just-a-police-problem-its-a-preschool-problem>

<https://news.yale.edu/2016/09/27/implicit-bias-may-explain-high-preschool-expulsion-rates-black-children>

NAEYC's Statement on the Implicit Bias Research

<https://www.naeyc.org/about-us/press-releases/statement-naeyc-implicit-bias-research>

Articles on the Research behind Implicit Bias and Mindfulness

<https://hbr.org/2014/12/mindfulness-mitigates-biases-you-may-not-know-you-have>

<https://www.nytimes.com/2017/09/07/learning/lesson-plans/cultivating-mindfulness-for-educators-using-resources-from-the-new-york-times.html>

Smog analogy comes from Dr. Beverly Daniel Tatum's book *Why Are All the Black Kids Sitting Together in the Cafeteria?*

<https://www.amazon.com/Black-Kids-Sitting-Together-Cafeteria/dp/0465083617>

Implicit Association Test

<https://implicit.harvard.edu/implicit/education.html>

Border Crossers

<http://www.bordercrossers.org/>

People's Institute for Survival and Beyond

<https://www.pisab.org/>

Embrace Race

<http://www.embracerace.org/>

New York Early Childhood Professional Development Institute

www.earlychildhoodny.org/

Teaching Tolerance

<https://www.tolerance.org/>

Welcoming Schools

<http://www.welcomingschools.org/>

Other People's Children: Cultural Conflict in the Classroom by Lisa Delpit

https://www.amazon.com/Other-Peoples-Children-Cultural-Classroom/dp/1595580743/ref=pd_lpo_sbs_14_t_0?encoding=UTF8&psc=1&refRID=KM1G3JEZOPWCPTA8KQCX

Multiplication Is for White People: Raising Expectations for Other People's Children by Lisa Delpit (book)

https://www.amazon.com/Multiplication-White-People-Expectations-People%C2%92s/dp/1595588981/ref=pd_bxgy_14_img_3?encoding=UTF8&pd_rd_i=1595588981&pd_rd_r=49RRVPZ6EW9C1T5QA5EF&pd_rd_w=8NNea&pd_rd_wg=Ermwe&psc=1&refRID=49RRVPZ6EW9C1T5QA5EF

National Black Child Development Institute

<https://www.nbcdi.org>

BOOK: Anti-Bias Education for Young Children and Ourselves

<https://www.naeyc.org/resources/pubs/books/anti-bias-education>

NAEYC's Diversity & Equity Interest Forum

<https://www.facebook.com/groups/earlyedequity/>

Day 3

Using Puppets for Social-Emotional Learning (and More!)

with Patricia Wiggins & Aida Torres:

Folkmanis Puppets - Website for puppets

<https://www.folkmanis.com/146/home.htm>

A discussion thread in the TCB Facebook group about where to get puppets:

<https://www.facebook.com/groups/transformchallengingbehavior/permalink/834889736848904>

A Kiss Goodbye by Audrey Penn - (book)

<https://www.amazon.com/Kiss-Goodbye-Kissing-Hand/dp/1933718048>

Interrupting the preK to Prison Pipeline with Mindfulness Practices

with Ross Robinson:

Holistic Life Foundation

www.hlfinc.org

Stay in touch with Holistic Life Foundation:

Facebook: <http://facebook.com/HolisticLifeFoundation>

Twitter: <http://twitter.com/hlfinc>

Instagram: <http://instagram.com/holisticlifefoundation>

How Mindfulness and Connecting with Children Can Help with Behavior

with Roma Khetarpal:

The Perfect Parent: Five Tools for Using Your Inner Perfection to Connect With Your Kids by Roma Khetarpal - (book)

<http://toolsofgrowth.com/book/>

Born to Be Good: The Science of a Meaningful Life by Dr. Dacher Keltner - (book)
<https://www.amazon.com/Born-Be-Good-Science-Meaningful/dp/0393337138>

How to Talk So Kids Will Listen & Listen So Kids Will Talk by Adele Faber and Elaine Mazlish - (book)
<https://www.amazon.com/How-Talk-Kids-Will-Listen/dp/0380811960>

Stay in touch with Roma

Website: <http://toolsofgrowth.com/>

Facebook: <https://www.facebook.com/ToolsofGrowth/>

Twitter: <https://twitter.com/toolsofgrowth>

Instagram: <https://www.instagram.com/toolsofgrowth/>

Day 4

Individualize How You Prevent Challenging Behavior Using Phoenix Cups with Sandi Phoenix:

Stay in touch with Sandi

Website: <http://www.phoenix-support.com.au/>

Facebook: <https://www.facebook.com/PhoenixSFE/>

LinkedIn: <https://www.linkedin.com/in/sandi-phoenix-2b569b55/>

Instagram: <https://www.instagram.com/phoenixsupport/>

Twitter: https://twitter.com/Sandi_Phoenix

Tantrum Do's and Don'ts with Dr. Lynyetta Willis:

Stay in touch with Dr. Lynyetta

Website: <http://drlwillis.com/>

Facebook group: <https://www.facebook.com/groups/soulsight/>

Facebook: <https://www.facebook.com/DrLWillis/>

Instagram: <https://www.instagram.com/drlwillis/>

LinkedIn: <https://www.linkedin.com/in/drlwillis/>

Challenging Behavior and Dual Language Learners with Karen Nemeth:

Teaching Young Dual Language Learners: A Guide for Pre-K to Three Leaders by Karen Nemeth - (book)

<https://www.caslonpublishing.com/titles/14/young-dual-language-learners/>

Universal Design for Learning in the Early Childhood Classroom - (book)

<https://www.routledge.com/Universal-Design-for-Learning-in-the-Early-Childhood-Classroom-Teaching/Brillante-Nemeth/p/book/9781138655133>

Stay in touch with Karen:

Website: www.languagecastle.com

Twitter: <https://twitter.com/KarenNemethEdM>

Facebook:

<https://www.facebook.com/Karen-Nemeth-at-Language-Castle-LLC-129165177124416/>

Day 5

Transforming Toddlerhood Using Brain-Based Strategies

with Devon Kuntzman:

Stay in touch with Devon:

Website: www.transformingtoddlerhood.com

Facebook: <http://www.facebook.com/transformingtoddlerhood>

Instagram: <http://www.instagram.com/transformingtoddlerhood>

Partnering with Families Using Culturally Responsive Positive Child Guidance

with Zeynep Ercan:

Culturally Appropriate Positive Guidance with Young Children (article)

<https://www.naeyc.org/resources/pubs/yc/mar2017/culturally-appropriate-positive-guidance>

One is Kids Like Us: Using Persona Dolls in The Classroom by Trisha Whitney - (book)

<https://www.amazon.com/Kids-Like-Us-Persona-Classroom/dp/1884834655>

Combating Discrimination: Persona Dolls in Action by Babette Brown - (book)

<https://www.amazon.com/Equality-Action-Forward-Persona-Dolls/dp/1858564352>

Diversity in Early Childhood Education and Training

<http://decet.org/>

Diversity & Equity in Early Childhood Training in Europe - (PDF)

<https://cmascanada.ca/wp-content/uploads/2016/01/diversity%20and%20equity%20in%20early%20childhood%20training%20in%20europt%20manual.pdf>

Rethinking “Parent Involvement”: Perspectives of Immigrant and Refugee Parents by Zeynep Isik-Ercan (PDF)

https://s3.amazonaws.com/bankstreet-wordpress/wp-content/uploads/2018/06/Rethinking_Parent_Involvement.pdf

Challenging Behavior in Autistic Children

with Dr. Ali Griffith:

Au-mazing Gift: A Journey to Autism Acceptance by Dr. Ali Griffith - (book)

<https://draligriffith.com/au-mazing-gift/>

Stay in touch with dr. Ali

Website: <https://draligriffith.com/>

Facebook: <http://facebook.com/draligriffith>

Instagram: <http://instagram.com/draligriffith>

Twitter: <http://twitter.com/draligriffith>

Day 6

Reducing Implicit Bias and Supporting Children of Color and Their Families **with Samantha Thompson & Andrea Cruthird-Mays:**

The "Caring for our Black Children" project

<https://mcoe.org/deptprog/earlyed/Pages/Caring-For-Our-Black-Children.aspx>

The Center for the Social and Emotional Foundations for Early Learning (CSEFEL)
Teaching Pyramid model:

<http://csefel.vanderbilt.edu/>

Conscious Discipline and Becky Bailey

<https://consciousdiscipline.com/free-resources/>

Research by William Gilliam:

<https://news.yale.edu/2016/09/27/implicit-bias-may-explain-high-preschool-expulsion-rates-black-children>

Forward Change (Headed by Arnold Chandler) - (website)

<http://forwardchangeconsulting.com/>

California's San Joaquin Valley: A Region and Its Children Under Stress - (PDF)

https://www.sierrahealth.org/assets/pubs/A_Region_and_Its_Children_Under_Stress-Web.pdf

California Department of Education, Family Partnerships and Culture: Best Practices for Planning Curriculum for Young Children (PDF)

<https://www.cde.ca.gov/sp/cd/re/documents/familypartnerships.pdf>

Center for the Improvement of Child Caring

<http://www.cicparenting.org/>

Stay in touch with Samantha:

LinkedIn: <https://www.linkedin.com/in/samantha-thompson-ab80337/>

What's Storytelling Got To Do With Challenging Behavior?

with Dr. Rebecca Isbell:

Nurturing Creativity: An Essential Mindset for Young Children's Learning by Dr. Rebecca Isbell - (book)

<http://members.naeyc.org>

Tell It Again by Dr. Rebecca Isbell - (book)

<http://drisbell.com/product/tell-it-again-2/>

Millions of Cats by Wanda Gág - (book)

<http://www.wandagahouse.org/about/millions-of-cats-by-wanda-gag/>

Stay in touch with Dr. Rebecca

Website: <http://drisbell.com/>

Facebook: <https://www.facebook.com/rebecca.isbell2>

LinkedIn: <https://www.linkedin.com/in/rebecca-isbell-a0023b49/>

What Montessori Can Teach Us About Behavior

with Maria Eva Chaffin:

Dr. Maria Montessori, A Historical Perspective

<https://www.montessori.org/dr-maria-montessori-a-historical-perspective/>

The Case for Mixed-Age Groupings in Early Education by Lilian Katz - (book, mentioned by Barb*)

<https://www.amazon.com/Mixed-Age-Grouping-Early-Childhood-Education/dp/0935989315>

Stay in touch with Maria Eva

Facebook: <https://www.facebook.com/maria.cedeno.543908>

Facebook page: <https://www.facebook.com/mariaandbrynn/>

Day 7

How Brain Development Can Help Us Support Children's Emotional and Sensory Processing with Alyssa Blask Campbell & Lauren Stauble:

Voices of Your Village by Alyssa - (podcast)

<https://seedandsew.org/voices-of-your-village/>

Blindspot: Hidden Biases of Good People by Anthony Greenwald and Mahzarin Banaji - (book)

<http://www.randomhousebooks.com/books/8099/>

Slides about the CEP Method:

- 5 Phases of Emotional Processing Development

https://drive.google.com/file/d/0B92w_9yMmb8nTW5UaHA3ZlJqLV9lYjVYdGM5TDfLQUFiVU5B/view

- 5 Components of Collaborative Emotional Processing

https://drive.google.com/file/d/0B92w_9yMmb8nVmFEU1g3RE9LUmxDNkVEdmMzcGFRRkx0SVRj/view

Collaborative Emotional Processing:

Website: <http://cepmethod.com/>

Stay in Touch with Alyssa:

Website: <http://seedandsew.org/>

Facebook: <https://www.facebook.com/groups/seedandsew/>

Instagram: <https://www.instagram.com/seed.and.sew/>

Pinterest: <https://www.pinterest.com/alyssaseedsew/pins/>

Creative Drama as Challenging Behavior Prevention with Mara McEwin:

Hatched: the play directed by Mara

<https://treehouseshakers.com/productions/hatched/>

Info about the Relaxed Performance Developed by the British Arts Council

<https://www.britishcouncil.ca/access-awareness-relaxed-performance-training>

Stories in Action; Interactive Tales and Learning Activities to Promote Early Literacy by Bill Gordh:

<http://billgordh.com/author.php>

Stay in touch with Mara:

Twitter: <https://twitter.com/maramcewin>

Instagram: <https://instagram.com/maramcewin>

Mara's Theatre company

Website: <http://treehouseshakers.com/>

Facebook: <https://www.facebook.com/treehouseshakersbusiness>

Twitter: <https://twitter.com/treehouseshaker>

Instagram: <https://instagram.com/treehouseshakers>

The Classroom Environment, How We Show Up for Children, and What Love's Got to Do With It with Dr. Isela Garcia:

Stay in touch with Dr. Isela

Website: <https://www.alesigroup.com/>

Facebook page: <http://facebook.com/alesigroup>

Facebook page #2: <http://facebook.com/thekindergartenproject-arizona>

Pinterest: <https://www.pinterest.com/iselagarcia12/pins/>

Twitter: <https://twitter.com/AlesiGroup>

Bonus Facebook Lives

How to Get the Most Out of the Conference and Get Your Colleagues to Try New Ideas with Kristie Pretti-Frontczak:

Tips for Transforming Challenging Behaviors, tips for early childhood professionals (free eBook from last year)

<https://s3-us-west-2.amazonaws.com/prekdownloads/Final+TCBOC+eBook+2019.pdf>

The Teaching Pyramid (PDF)

<http://csefel.vanderbilt.edu/modules/module4/handout7.pdf>

Blog post about charts

<https://prekhandplay.com/chart/>

Blog post about Positive Emotional Attractor:

<https://kristiepf.com/positive-emotional-attractor/>

Blog post about Mindset over Methods

<https://kristiepf.com/successful-change-leaders-always-do-these-3-things/>

The Yes Brain: How to Cultivate Courage, Curiosity, and Resilience in Your Child by Daniel J. Siegel and Tina Payne Bryson (book)

<https://www.tinabryson.com/yes-brain/>

Stay in touch with Kristi

Website: <https://kristiepf.com/>

Facebook: <https://www.facebook.com/kristiepf>

Twitter: http://twitter.com/kristie_pf

LinkedIn: <https://www.linkedin.com/in/kristiepf/>

Using Brain Building Games and Puppets to Teach Self-Regulation and Social-Emotional Skills with Amy Walker from Committee for Children:

Teaching Emotional Intelligence in Early Childhood

<https://www.naeyc.org/resources/pubs/yc/mar2017/teaching-emotional-intelligence>

CASEL guide to selecting social-emotional curriculum

<https://casel.org/preschool-and-elementary-edition-casel-guide/?fbclid=IwAR1wyUaL2GzVyoHnPNCCruqPNaWDBqie8I1GBRkfNxHUwD2xgLfN5FW6Hxw>

Puppet video mentioned by Barb:

<http://link.videoplatform.limelight.com/media/?channelId=88b2fb24e59647bb80e446cc1f056d94&width=644&height=362&playerForm=e644cc0254ad41fa8cf6be41c5dfdd50&deepLink=true&fbclid=IwAR1wyUaL2GzVyoHnPNCCruqPNaWDBqie8I1GBRkfNxHUwD2xgLfN5FW6Hxw>

Brain Builder video mentioned by Barb:

http://link.videoplatform.limelight.com/media/?channelId=c2d873c2de004b47ae9863b8b4b60bc8&width=644&height=362&playerForm=e644cc0254ad41fa8cf6be41c5dfdd50&deepLink=true&fbclid=IwAR2Pxd_sUOrybnuFMoBUnt4WBfGxgBePnYOkomhNzhYWm1xhiT7Pm4EzApI

Short video about brain development by Committee for Children, "Executive Functions: Why They Are Skills for a Lifetime"

<https://www.youtube.com/watch?v=FZLXggsK6oA&index=3&list=PLNjiZRTK9Gf8Hh98pLulGD1BhdGkOHjKb&fbclid=IwAR3vseldGF8pSPteVNZpYNouVxtI7h2JYCh4Tre8DaTTLixSS6JS8onjYzg>

Short video by Committee for Children: "Social-Emotional Learning: What Is SEL and Why It Matters"

<https://www.youtube.com/watch?reload=9&v=ikehX9o1jbl&list=PLNjiZRTK9Gf8Hh98pLulGD1BhdGkOHjKb>

Second Step website: <http://www.secondstep.org/>

Committee for Children website: <https://www.cfchildren.org/>

Supporting Gender Diversity in Your ECE Program with Encian Pastel and Nathanael Flynn:

Gender Justice in Early Childhood site:

<https://www.genderjusticeinearlychildhood.com>

The Gender Wheel

www.thegenderwheel.com

Anti-Bias Education for Young Children and Ourselves by NAEYC

https://www.naeyc.org/resources/pubs/books/anti-bias-education?fbclid=IwAR1YSxFdxe3IIRiQSwP7Vlggty2zjPOZlgJS-ESRqPQErWsyZcHL_EsOp9o

Recommended books from the Gender Justice in ECE site:

https://docs.google.com/document/d/1RBQd80jn-bwdcU0TxPGcKkabGXjaOhU0r3at23-gnj0/edit?fbclid=IwAR3TKoEdWSXaaAXhCl9kq7MRy0hgLihwqxJ_wr1W_-puPKEp7TnYX2yof3s

Books shown by Encian during the video:

City Dog, Country Frog by Mo Willems and Jon J. Muth

<https://www.amazon.com/City-Dog-Country-Frog-Willems/dp/1423103009>

One of A Kind, Like Me / Único como yo (English and Spanish Edition) by Laurin Mayeno and Robert Liu-Trujillo

<http://oneofakindlikeme.com/>

Julián Is a Mermaid by Jessica Love

<https://jesslove.format.com/julian-is-a-mermaid>

I'm Jay, Let's Play by Beth Reichmuth and Nomy Lamm

<http://www.imjayletsplay.com/>

Bell's Knock Knock Birthday by George Parker Sam Orchard

<https://flamingorampant.com/product/2017/>

M is for Mustache: A Pride ABC Book by Catherine Hernandez

<https://www.amazon.com/M-Mustache-Pride-ABC-Book/dp/0987976346>

George, the Babysitter by Shirley Hughes

https://www.goodreads.com/book/show/1279277.George_the_Babysitter

47,000 Beads by Koja Adeyoha

<https://www.hollymcgillis.com/47-000-beads-a-children-s-book#!>

Marisol McDonald and the Clash Bash: Marisol McDonald y la fiesta sin igual (English and Spanish Edition) by Monica Brown and Sara Palacios

<https://www.leeandlow.com/books/2834/interviews>

Call Me Tree / Llamame arbol (English and Spanish Edition) by Maya Christina Gonzalez

<https://www.leeandlow.com/books/call-me-tree-llamame-arbol>

They She He Me: Free to Be! by Maya Christina Gonzalez and Matthew SG

<http://www.reflectionpress.com/our-books/they-she-he-me/>